Top 10 Cyber Safety Tips

The Office of Information Technology (OIT)
The University of Alabama

1. Do NOT use passwords that other people can guess, like Rolltide or the name of your pet
2. Never give out personal information about yourself, your family, or your friends, including social security numbers, bank PIN number, last names, birthday, or passwords
3. Do NOT download pirated songs, movies, or games you haven’t paid for because it’s against the law
4. Keep your web browser and operating system software up to date with the latest security patches
5. Use antivirus software to protect your computer from viruses, spy ware, and other malware
6. Use the security feature of social network sites to protect against your privacy
7. Only accept friend requests on social network sites from people you actually know
8. Don’t click on Internet pop-up ads because they might install spy ware on your computer
9. Don’t open e-mail attachments or instant-message attachments from unexpected sources
10. Be skeptical! Not everything on the Internet is true
Please contact the IT Service Desk (205) 348-5555 to report any of the following:

- Suspected compromise of UA information technology system
- Suspected breach of confidential data or internal use only data
- Misuse of information technology resources
- Stolen or vandalized information technology owned by UA
- General suspicious computer activity

For more information regarding safe online practices, go to cybersafe.ua.edu, oit.ua.edu/security or onguardonline.gov